



The Fox Lair News

Hello Debi

Welcome to the 77th edition of the Fox Lair News, I have made some changes to the font color as requested to make for easier on the eyes reading. I hope you like the changes I've made in font size as well, and please send us your comments to make this a better New Letter, enjoy the reading.

Sincerely,
Wrangler Pete
Editor
[E-mail](#)

Issue No. 77

Feb. 1, 2010

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Sleigh Rides



Whether you want to come for a nice romantic ride for 2 or bring the family for some fun we can arrange something for you.

Click [Here](#) to find out more.

Party Packages

We have been busy with some sleigh rides (depending on snow conditions) and wagon rides (larger groups) this month for birthday parties and family fun.

Sorting; The Cows are winning!

Boy the Cattle are giving everyone a run for their money; some nights including the practice rounds there are no clean runs at all.

On January 15th the cattle beat us once again with only 2 clean runs in practice.



Crystal, Spider and Stephen



Jess, Kurt and Mike



Bev, Karen and Jen

The cattle won the Jack-Pot round, so there was an added \$90.00 dollar to the Jack-pot for January 22nd.

Here are some pictures of Past activities.



Well after the Wagon and Pony rides and CAKE



the children had fun with Poor "Dora" the Pinata, she took quite the beating before she finally cracked.



Have your next Party here on the farm, heated lounge that overlooks the indoor arena with washroom.

Use of BBQ and Skating also available.



Lots of parking for your guest.



Click [Here](#) for more information and prices.

Team Ranch Sorting

Points Standings

Current Top
3 Riders

1st



Congratulations Karen, Jess and Shelby

Whether you are a beginner interested in learning how to sort cattle or a more experienced rider and horse wanting to enter our trophy series, come on out and meet new people and have FUN every Friday night in our indoor arena.

We're open regardless of the weather!

Check out the winning Jackpot [Video's](#)

Roping; In Your Mind's Eye

Direct your body's segments to become a better conscious and subconscious rider.

By Jody Reynolds in [The American Quarter Horse Journal](#)

Before David Avery became the director of international affairs for AQHA, he was an AQHA Professional Horseman in Roswell, New Mexico. He also had a unique way of training his students. He developed a "checklist," or preparation process, for getting on your horse, through years of studying techniques of successful trainers in varied disciplines.



The "in front" position keeps you ahead of the motion and in good shape to catch your cow.

David's checklist covered each body segment and position and encouraged riders to become subconsciously aware of their body positions and how they communicated to their horses. With a deep level of body position knowledge, riders are able to act and react to their horses more appropriately for a winning run, regardless of the event.

"It's like loading your computer," he says. "It takes a while, but once you have everything in your memory bank, then you're closer to your subconscious and conscious mind. All you have to do is react to the actions and not have to think about them."

To read more on this article [READ](#)

Groundwork; Ensures A Safe And Hassle-Free Ride

- If your horse is fresh, disrespectful, and has a bad attitude on the ground, guess what he'll be like under saddle? Worse! Get all of the kinks out of your horse on the ground, so that when you get on, you won't run into problems. All the problems a horse can have come from two causes: a lack of respect or fear (or both). By following my groundwork program, you address both causes: the sensitizing exercises earn respect from the horse and the desensitizing exercises eliminate the fear. By eliminating those causes on the ground, it prevents you from having to deal with them under saddle. Any trouble you run into when you ride is usually proof of lack of preparation on the ground.

Stephen Adams

2nd

Mike Demizio

1st

Jessica Banville

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- A horse that rushes out of the trailer is telling you he doesn't really want to be in there. So change his perspective on things. Make sure you park the trailer on good footing so that the horse won't slip. If he wants to rush out backwards, don't try to stop him. As soon as all four feet hit the ground, put him to work. You can do Lunging for Respect Stage 1 or Stage 2, Backing Up, C-Pattern, etc. It doesn't really matter what exercise you do, as long as it involves lots of changes of direction and you really make his feet hustle. After working for a few minutes, send him back in the trailer and let him rest. Anytime he wants to come back out, let him, and then put his feet back to work. It won't be long before he realizes that the trailer is really the greatest place to be.

Clint Anderson: Down Under Horsemanship

Tack Fit

Determine whether your horse's tack fits well or makes him fit to be tied

Step 1 Finding the Fit

All types of western saddles are fitted similarly. There are three standard bar widths in western saddle trees:

- Quarter Horse bar-fits 80 percent of all western horses.
- Semi-Quarter Horse bar-fits higher-withered horses.
- Full Quarter Horse bar-fits flat or "mutton-withered" horses.

The western tree is made up of the cantle, the bars and the swells. The bars run along the horse's back and denote the shape of the saddle and the width of the gullet.

Step 2 Try it Out

1. Place the saddle on the horse with it cinched, but without the pad, and then with the pad.
2. Check that you are able to get two to three fingers clearance between the withers and the top of the gullet.

Step 3 Add a Light Pad

Make sure that the skirting, the rounded leather panels under the tree, follows the contours of the horse's back. You want the bars of the saddle to make contact with the horse's back. If you see space under the back of the saddle, or the skirt is lifting up, it's not fitting properly.

Step4 Sweat Patterns

Check the pattern of your horse's sweat marks after you take the saddle off. If you see dry spots, the saddle is possibly "bridging" or not fitting properly. You can also try a different pad to improve the fit.

By Sharon Biggs

About Us

We hope everyone is enjoying the extra heat on in the arena and in the veiwing lounge, we would like to thank everyone who has being coming out and joining us with our events, whether you are a rider or cheering the riders on we are glad you come out to spend time with us in the cold.

Thank you for reading our newsletter. We hope you enjoy the new format. And tell all your friends, come out for a fun time with their horses.

Kevin & Steffany Fox

This e-mail has been sent to Debi Katsmar at saturnstables@equineniagaraneews.com by Fox Lair Stables. If you would no longer like to receive our News Letter or have recieved it in error then we are sorry and you may click [Unsubscribe](#) so you will no longer receive the Fox Lair Stables News Letter or [e-mail](#) Steffany Fox.

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