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To: [Debi Katsmar](#)
Subject: [SPAM] Issue No. 81
Date: Monday, May 31, 2010 11:12:45 PM



Issue No.81

June 1, 2010

In This Issue;

Sorting

**REMEMBER NO
SORTING
THIS FRIDAY**

Awards
Dinner
and Dance
This Saturday
a few Tickets
available

Tips

40 Tips for
Horsemanship

Winners of the Games of month

- 1 on 1
1st - CATTLE
- 1 on 1
1st - Crystal
- 1 on 1
1st - Jess
- 1 on 1

The Fox Lair News

Hello Debi

Welcome to the 81st edition of the Fox Lair News.

We'll remember NO Sorting on Friday Night to keep the cows fresh for Saturdays Event.

Please keep sending us your comments to make this a better place to come and if you want to send an article for it that you think people would enjoy please submit it to me.

1st - Jim

Team Ranch Sorting

[Points Standings](#)

Top 10 Riders

- 1** - Jessica
Banville
- 2** - Stephen
Adams
- 3** - Mike Demizio
- 4** - Kurt Klemme
- 5** - Peter Zeigler
- 6** - Jen
Kronemeyer
- 7** - Shelby
Olyschlager
- 8** - Bob
Mehlenbacher
- 9** - Bev Baker
- 10** - Karen Kelly

Put in the effort
to understand
how your horse
thinks.



Before you can
train a horse,
you have to
understand
basic horse
psychology
and what
makes your
horse tick.
When you

Sorting

6th Annual Ranch Sorting Awards, Dinner & Dance June 5, 2010

[Click here for more information](#)

Sponsors to date for June 5th Event day

Beaver & Bulldog
Bernice Ziegler
Boston Pizza
Canadian Tire
Curves
Egger Truck & Machine
Equine Niagara News
Fratricelli's Authentic Italian Grill
Fred's Work Wear
Godfathers
Greenhawk
Harvey Armstrong Ltd.
Highland Heating & Cooling
Hines Electrical
Hooters Restaurant
Jack Astors
Jim & Karen Kelly
Kelsey's
Mark's Work Wearhouse
Minor Bros.
Montana's Cookhouse
Pleasant Ridge
Southbrook Golf & Country Club
Sweet Retro-Spec

understand how the horse processes his thoughts and why he does the things that he does, both good and bad, you will be able to accomplish anything. If you don't understand how your horse's brain works and why he reacts to certain situations the way that he does, then you will struggle with your horsemanship goals. Horsemanship isn't always easy to do, but it will be easier to understand when you can identify what motivates your horse to act in a certain way. If you've ever lost your temper, cried, felt defeated or wanted to kill your horse

TSC Store - Simcoe
Turtle Jack's Restaurants
Uncle Bob's Work Wear
Whistling Walrus

Our Weekly Winners



Kurt, Peter and Stephen



Jen, Jess and Steff



Jess, Kurt and Michelle



Bob, Heather and Jen

Come on out and meet new people and have FUN every Friday night in our indoor arena.

We're open regardless of the weather!

Check out the winning Jackpot [Video's](#)

because of the frustration you felt toward teaching him something - you're completely normal. At some point in our lives, we've all been there. The best way to get rid of those feelings is to educate yourself. Frustration ends where your knowledge begins.

Clint Anderson: Down Under Horsemanship

submitted by Peter Zeigler

Lessons

Pony Rides

Trail Rides

Wagon Rides

Arena Rental

Come practice you're riding skills in our indoor arena for the upcoming 2010 show season.

You can practice

Tips

[40 Tips for Better Horsemanship](#)

May 31, 2010

AQHA Professional Horsewoman Lynn Palm celebrates 40 years by sharing this list with you.

Remarkably, 2010 marks Lynn



Lynn Palm celebrates her 40th year as a horse trainer, competitor and clinician.

Palm's 40th year as a horse trainer, competitor and clinician. As a thank-you to her loyal supporters and fans, the world champion has created a list, "40 Fabulous Tips for Better Horsemanship," to share some of her vast knowledge of horsemanship and equine management.

Lynn created the list as part of her "Fabulous at 40" celebration, which included 40 weeks of prizes from [Palm Partnership Training](#) and sponsors such as [Wrangler](#) and [Professional's Choice](#).

"These are really useful tips that I use every day when I am out in the barn or [traveling](#) with my horses. My hope is that everyone will be able to find something useful in this list," Lynn says.

40 Fabulous Tips for Better Horsemanship

1. Always wear a [helmet](#) when riding. I can never emphasize this enough! Protect your head - you only get one.
2. Ask yourself: Is your horse suited to you? Do you feel [safe](#) working with him? Are you having fun with him? These are tough questions to ask yourself, but if you and your horse aren't a good match, it might be time to make a change.
3. Always check your [girth](#) for tightness before [mounting](#) your

your flat work or

- Barrels
- Poles
- Dash For Cash
- Stake Race
- Keyhole
- Texas Speed in action
- Jumps

or just to ride and have fun.

\$20.00 1st horse

\$10.00/horse after that.

Clinic's

Whether you are a beginner interested in learning how to sort cattle or have a new horse to train we can do a private clinic to help you out, limit to number of people and horses call or [e-mail](#) to inquire.

Party Packages



Have your next Party here on the farm, heated lounge that overlooks the indoor arena with washroom.

Use of BBQ and

horse.

4. Mount your horse with correctness, which will encourage him to [stand still](#).
5. Always have a "perfect practice" planned when you ride your horse.
6. Always keep your eyes, and thus your concentration, in front of your horse's head.
7. Always do some kind of stretching on the ground, exercises at home or on the horse to [warm up](#) and develop muscle and flexibility of your joints.
8. When [trail riding](#), bring a cell phone and let someone know when you expect to be back.
9. If you are taking your horse on a [trail](#) he has never seen before, have a friend bring her horse along for moral support.
10. If your horse is [spooky](#), it is OK to get off the horse and address the spooky obstacle. It is safer to deal with it on the ground than under [saddle](#).
11. Take your horse in the [show ring](#) ONLY when he has the training and knowledge for what you are asking of him - this will give him a positive impression of the event, and he will like what he is doing.
12. Be [light with your hands](#). We spend a lifetime in riding learning not to pull on the [reins](#). Learn how to use an open rein and indirect or neck rein. Your horse will love the lightness and learn not to pull and resist you.
13. The more you squeeze, grip or kick your horse's sides, the more you give your horse all the tools to ignore your [leg aids](#).
14. The more you change directions in practice, the more you encourage [lateral suppleness](#).
15. The more you do [transitions](#), the more you stretch and strengthen the longitudinal muscles and the hind leg joints.
16. Incorporating [dressage exercises](#) into your routine can improve your performance in any discipline.
17. Always [communicate](#) with your horse through the natural aids: seat, leg and hands. Artificial aids - crop, whip and spurs - should only assist your natural aids.
18. Always reward your horse with a pat, soft voice or treat when he responds positively - he will be more willing to give a [positive response](#) next time.
19. Learn from watching others ride.
20. Seek [lessons from a professional](#) who explains his or her methods and whose training program is based on common sense, not gimmicks.
21. Always [practice loading](#) your horse before you go to load for a trip. Open all the doors to give as much light as you can before loading your horse.
22. Always load a single horse in a side-by-side two-horse trailer on the left side to stay balanced with the high side of the road.
23. Always give your horse a hot bran-mineral oil dinner no more than 24 hours before travel that is going to last more than 10 hours.

Skating also available.

Lots of parking for your guest.



Click [Here](#) for more information and prices.

Quick Links

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[Calendar of Events](#)

[Sorting Points](#)

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24. Offer free-choice [hay](#) (some alfalfa is perfect) at all times while a horse is [traveling](#). Be sure to offer water or hang a water bucket in the trailer, when you stop for gas or food.

25. Have your horse's [hooves trimmed](#) or shod every four to six weeks, depending on your [farrier's](#) recommendation.

26. Master "working in hand" ground training. Practice leading on either side of the horse on a loose lead without pulling.

27. Master the [art of longeing](#) and make a commitment to stop longeing with hundreds of circles that drill your horse to boredom.

28. [Master ponying](#) your horse as you ride another - it is a great skill to control two at a time.

29. Master ground driving or long lining. It is great to learn your horse's [body alignment and balance](#) while refining your hand and rein aids.

30. Always have a [first-aid kit](#) available in your barn, trailer and vehicle. Make sure it is fully stocked at all times because you never know when you'll need it.

31. [Clean your stalls](#) two times a day and paddocks once a week.

32. [Brush](#) your horse every day. He will love you for this.

33. [Clean sheaths](#) on male horses two to three times a year.

34. [Float teeth](#) once a year or as directed by your veterinarian.

35. [Vaccinations](#) are very important. Give your horse all of the veterinarian-recommended vaccines.

36. Give your horses carrots and apples in their feed whenever you can.

37. Keep all stall doors and [gates](#) closed on your farm at all times.

38. Make sure your horse has [clean, fresh water](#) daily.

39. Make sure you learn how to properly fit your [saddle, pads, bridle and bit](#) to your horse. Also, if you want to ride well, your saddles have to fit you.

40. Remember, a horse knows every word you are thinking. Turn any negative thought or comment such as "I'll try" or "What if" to a [positive thought](#): "I will" or "My horse will do well."

To enter Lynn's "[Fab at 40" 40 Prizes in 40 Days Contest](#), go to [www.lynnpalm.com](#) and sign up to receive a free e-mail newsletter. As a subscriber, you'll receive expert training tips on a variety of subjects delivered straight to your inbox each month. By simply signing up, you could be a winner!

About Us

Well we have been busy once again getting ready for the Finales Party so I am keeping this short and I hope everyone comes out to have a good time.

Thank you for reading our newsletter, I hope you enjoyed it.

Kevin & Steffany Fox

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